

Indigestion

Heartburn

Constipation

High Blood Pressure

Elevated Cholesterol

Chest Pain

Erectile Dysfunction

Type-2 Diabetes

Overweight / Obese

Enough  
Already!

It doesn't have to be this way.

**You too can put an end to this painful way of living.**

Join us for a One-Day Summit in Calgary, AB with keynote presentations from:

**Dr. David J.A. Jenkins**

Creator of the Glycemic Index  
University of Toronto Professor

**Douglas J. Lisle, PhD**

Featured in *Forks over Knives*  
Author of *The Pleasure Trap*

**Jane Esselstyn, RN**

Prevent & Reverse Heart Disease Cookbook  
Plant Strong & Engine 2 Cookbook Series

For Tickets & More

**ForkSmartSummit.com**

Calgary, AB — Saturday — May 11, 2019